

## PLANNING YOUR GOALS CHECKLIST

What is your goal?	
What are two things you will do to increase your value? (See the previous tables)	
What are two things you will do to increase your expectancy? (See the previous tables)	
How will you measure success?	
How often will you check progress?	
When do you want to achieve the goal?	
What do you need to do to put yourself in the best position to achieve this goal?	